



## The carbon footprints of obesity, chronic disease and population growth: Four things doctors can do

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### Abstract:

Obesity, ill health and global warming are linked. The risks to health of climate change have been well articulated but have not been accompanied by clear policy and effective action. Four areas where doctors can and should act, and where changes will benefit both the environment and human health in the short-to-medium term are: reduction in the adverse environmental impact of the health care industry; development of a nationwide comprehensive food and nutrition policy that takes account of the entire food production cycle; urban redesign to encourage active transport; and more support for sexual and reproductive health services in developing countries. Finally, climate change policies should be assessed for their impact on global health and equity.

### Resource Description

#### Exposure :

weather or climate related pathway by which climate change affects health

Ecosystem Changes, Food/Water Security, Food/Water Security, Human Conflict/Displacement, Unspecified Exposure, Unspecified Exposure

#### Geographic Feature:

resource focuses on specific type of geography

Urban

#### Geographic Location:

resource focuses on specific location

Non-United States

**Non-United States:** Australasia

#### Health Co-Benefit/Co-Harm (Adaption/Mitigation):

specification of beneficial or harmful impacts to health resulting from efforts to reduce or cope with greenhouse gases

A focus of content

# Climate Change and Human Health Literature Portal

## **Health Co-Benefit/Co-Harm (Family Planning/Population Reduction):**

specification of beneficial or harmful impacts to health resulting from efforts to promote family planning or reduce population growth as a climate change adaptation or mitigation measure

A focus of content

## **Health Impact:**

specification of health effect or disease related to climate change exposure

General Health Impact

## **Medical Community Engagement:**

resource focus on how the medical community discusses or acts to address health impacts of climate change

A focus of content

## **Mitigation/Adaptation:**

mitigation or adaptation strategy is a focus of resource

Mitigation

**Population of Concern:** A focus of content

## **Population of Concern:**

populations at particular risk or vulnerability to climate change impacts

Low Socioeconomic Status, Pregnant Women

**Other Vulnerable Population:** Populations of developing countries

## **Resource Type:**

format or standard characteristic of resource

Policy/Opinion, Review

## **Timescale:**

time period studied

Time Scale Unspecified